

APA Division 32, *Society for Humanistic Psychology*  
**17th Annual Conference: Old Saybrook 3**  
 University of Michigan: March 28-30, 2024

Thursday, March 28, 2024 - Morning/Afternoon					
UNION BUILDING 530 S. State St.					
Time (EST)	Wolverine Pre-Function Space 3rd Floor	Wolverine 3rd Floor	2210 ABC 2nd Floor	Pond 1st Floor	Tappan 2nd Floor
10:30 am - 11:00 am	<div>Registration Area</div> <div>Sponsor Table Coffee &amp; Tea</div> <div>10:30am - 2:30pm</div>	Film Screening and Discussion: <i>The Humanistic Revolution</i>			
11:00 am - 11:30 am		10:30 - 11:30am			
11:30 am - 12:00 pm		Moving in and Pulling Back: A Reflexive Thematic Analysis of Graduate Students' Experience with Social Justice Movements (panel)	Embodiment, Empathy and the Call to Compassion: Engendering Care and Respect for the Other in a More-than- Human World	A Therapist’s Personal Story of Healing: Establishing an I- Thou Relationship with One’s Own Self Through Psychedelic-Assisted Therapy	Social Space  (Meet and Greet)
12:00 pm - 12:30 pm		Lydia Stetson (chair)	Scott D. Churchill  1 CE Credit	Ben Campbell  <i>1 CE credit</i>	
12:30 pm - 1:00 pm		From Theory to Action: Bridging Humanistic Psychology and Law Enforcement for a Safer Society	Keeping Humanistic Psychology and Psychotherapy Relevant in the 21st Century: Recent History and Future Directions (panel)	The Invisible Child: Understanding Children of Divorce From a Humanistic Perspective	Unveiling Fractal Layers of Past Lives: A Search for Dormant Potential Archetypes
1:00 pm - 1:30 pm		Kyle A. Glasgow  <i>1 CE credit</i>	Shawn Rubin & Louis Hoffman (chairs)	Menachem Hojda  <i>2 CE credits</i>	Cai Carvalhaes  <i>2 CE credits</i>
1:30 pm - 2:00 pm		Humanistic Psychology, Political Activism, and Respite/Renewal	2 CE credits		
2:00 pm - 2:30 pm		Elliot Benjamin			

Thursday, March 28, 2024 - Afternoon/Evening

LEAGUE BUILDING  
911 N. University Ave.

*President's Opening Address*

**Old Saybrook 3: Commemorating the 60th Anniversary of Old Saybrook 1  
in the Spirit of Old Saybrook 2**

Andrew Bland

*Vandenberg  
2nd Floor*

3:00 pm - 4:00 pm



*Keynote Address*

**The Urgency of Humanistic Psychotherapy Insights and Research at this Moment**

Heidi Levitt

*Vandenberg  
2nd Floor*

4:00 pm - 5:30 pm



**Poster Session**

*Hussey  
2nd Floor*

6:00 pm - 7:30 pm

*Wine & Appetizers  
served in connecting  
Concourse room from  
5:30 pm – 7:00 pm*

**The Charting of Aesthetic Chills: Final Analysis**  
Anompreet Bal & Richard Bargdill

**Healing Narcissistic Personality Disorder: From I-It to I-Thou**  
Dennis A Brown Jr., Erin N. Stockwell, & Charley Shamey

**The Development and Validation of the Vicarious Trauma of Black Americans  
Scale (VTBAS)**  
Courtney D. Cabell & Kevin Johnson

**Disability, Accommodation, and Ableism in U.S. Psychology Graduate  
Programs: We Know Better, Why Don't We Do Better?**  
Jennifer Grabowski

**Tearing habitual worlds: Response-ability in Buberian Dialogue**  
River Heisler

**The Ethical Considerations of Gender Affirming Therapy for Minors**  
Jasmine Ionie Hobson

**Investigation of the Effectiveness of a Self-Compassion-Based Support Group with College  
Students**  
Rebecca Jokinen, HanaLi Gilbert, & Mark St. Martin

**A Narrative Analysis Examining Cross-cultural Beliefs and Significances of Rain Ceremonies  
Throughout History**  
Kaitlin Leahy

**Advocating for Patients with High ACEs- A Humanistic Twist**  
Caitlin Reid

**Existential Relationism: A Novel Theory of Psychotherapy Rising From the Life and Works of  
Søren Kierkegaard**  
Michael Valenti

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9:00 am - 9:30 am	<b>Registration Area</b> Sponsor Table Coffee & Tea 9:00am - 12:00pm	<b>The Heroine Archetype: Stability and Clarity in Daily Life</b>  Annabelle Nelson  <i>1 CE credit</i>	<b>Social Space</b>  (Meet and Greet)	<b>A New Humanistic Understanding of Dreams: A Dreamer's Thought Book</b>  Richard Bargdill	<b>Black Feminist Theory as an Approach to Therapeutic Growth and Change</b>  Courtney D. Cabell & Vanessa Brown  <i>1 CE credit</i>
9:30 am - 10:00 am					
10:00 am - 10:30 am		<b>Becoming Creatively Maladjusted in an Ostensibly Well-Adjusted System</b>  Nathaniel Granger  <i>2 CE credits</i>	<b>Humanistic-Existential Gaming in the Post- COVID Era</b> (panel)  Vanessa Brown (chair)  <i>1 CE credit</i>	<b>Social Media is Stealing Our Humanity: A Humanistic Approach to Treating Young People Today</b>  Leslie Styer  <i>2 CE credits</i>	<b>The Variations and Essence of Humanism: James, Sartre. and Non-Humanistic Psychology</b>  Frederick J. Wertz  <i>1 CE credit</i>
10:30 am - 11:00 am					
11:00 am - 11:30 am					
11:30 am - 12:00 pm					

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Friday, March 29, 2024 - Afternoon							
UNION BUILDING 530 S. State St.							
Time (EST)	Wolverine Pre-Function Space 3rd Floor	Wolverine 3rd Floor	Pond 1st Floor	Tappan 2nd Floor	2210 ABC 2nd Floor	Pendleton 2nd Floor	
12:00 pm - 12:30 pm		<b>Board Meeting &amp; Lunch</b> 12:00 pm - 1:00 pm			<b>Student Ambassador Lunch</b> 12:00 pm - 1:00 pm		
12:30 pm - 1:00 pm		<i>Buffet served (Wolverine Pre-Function Space)</i>			<i>Buffet served (Wolverine Pre-Function Space)</i>		
1:00 pm- 1:30 pm	<b>Registration Area</b>  Sponsor Table Coffee & Tea  1:00 pm - 4:00 pm	<b>Providing Gay-affirming Humanistic Therapy in a Gay-hostile Context: A Cultural Perspective</b>	<b>Transforming Qualitative Data into a Quantitative Tool: The Habitual Boredom Scale</b>	<b>Confronting Mortality: How Clinicians’ Own Relationship to Mortality Impacts the Therapeutic I-Thou Relationship</b>	<b>I and Thou, Then and Now: Celebrating the Legacy of Humanistic Psychology Through the Wisdom of Women Across Ages</b> (panel)		
1:30 pm - 2:00 pm		Hani Henry	Richard Bargdill <i>1 CE credit</i>	Suzan Bollich <i>1 CE credit</i>			Betz King (chair)
2:00 pm - 2:30 pm		<b>Integrating Emotion-Focused Techniques into Existential Therapy</b>		<b>Positively Negative: Exploring the Good, the Bad, the Beautiful and the Ugly of Often Neglected Human Emotions in Psychotherapy and Everyday Life</b> (panel)	<b>Sitting with Uncertainty: How Mortality Salience Impacts the Lives of Cancer Patients and Their Healthcare Teams</b>		Betz King (chair)
2:30 pm - 3:00 pm					Alexandra Adame <i>1 CE credit</i>		
3:00 pm - 3:30 pm			Brent Dean Robbins <i>2 CE credits</i>	<b>Eco Allyship and the I/Thou Universe: An Integrative Somatic and Shamanic Journey</b>	Frank Gruba-McCallister 1 CE credit		<b>Writing in Psychotherapy: A Humanistic Cultural and Generational Adaptation</b>
3:30 pm - 4:00 pm							

Friday, March 29, 2024 - Evening

UNION BUILDING  
530 S. State St.



**Keynote Address**  
**The Creative Heart of Humanism: Embracing Change While Staying the Same**  
Michael Alcée

*Pendleton*  
*2nd Floor*

4:00 pm - 6:00 pm

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Time (EST)	Wolverine Pre-Function Space 3rd Floor	Wolverine 3rd Floor	2210 ABC 2nd Floor	Parker 2nd Floor	Tappan 2nd Floor	Pendleton 2nd Floor		
8:00 am - 8:30 am	Registration Area  Sponsor Table Coffee & Tea  8:00 am - 11:00 am	Humanistic Group Counseling for Immigrant Women with Histories of Trauma (panel)	The "Psychological Humanities": Reaffirming the Whole Person Through a Humanities Mindset	Highs & Lows: Modern Relevance of Roberto Assagioli’s Depiction of the Unconscious	Social Space  (Meet and Greet)			
8:30 am - 9:00 am		Joanne Cohen (chair)  1 CE credit	Marianne Ingheim  1 CE credit	Nikki Johnson				
9:00 am - 9:30 am		Autism, Sex, and Shifting Paradigms: A Humanistic Approach to Affirming Sexual Health Assessment and Intervention	How to ACT Humanistically: Using Acceptance and Commitment Therapy from a Humanistic Perspective	A Humanistic Psychological and Diversity-Sensitive Approach to Support of Individuals with Alzheimer's Disease and Their Caregivers	A World Torn Apart by Hate: An Experiential Poetry Workshop (panel)	Cultural Responsibility: Exploring the Influence of Marginalized Identities on the Lived Experience of Mental Healthcare Providers (panel)		
9:30 am - 10:00 am				Drake Spaeth  1 CE credit				
10:00 am - 10:30 am				Cate Clarke  2 CE credits			River Farrell  2 CE credits	Meditation on Inner Space
10:30 am - 11:00 am							Julie Falk	
					Lisa C. Wolf (chair)  1 CE credit			

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<b>Awards Ceremony</b> <i>Appetizers served</i>  <i>Pendleton, 2nd Floor</i>  11:00 am - 12:30 pm					
LEAGUE BUILDING 911 N. University Ave.					
Time (EST)	Michigan 2nd Floor	Michigan 2nd Floor	Room 4 2nd Floor	Room D 3rd Floor	Kalamazoo 2nd Floor
1:30 pm - 2:00 pm					
2:00 pm - 2:30 pm	<b>Coffee &amp; Tea</b> served from Michigan room	<b>Should Life-enhancing Anxiety and Depolarization Be New Touchstones for Humanistic Psychology?</b>  Kirk Schneider & Tyler Gamlen  <i>2 CE credits</i>	<b>Swimming Upstream: Creating and Sustaining a Humanistic Service Organization in Inhospitable Cultural Waters (panel)</b>  David St. John (chair)  <i>2 CE credits</i>	<b>The Triumph of Humanistic and Existential Psychology: Debunking the “Lacking Empirical Support” Myth</b>  Brent Dean Robbins  <i>2 CE credits</i>	<b>Animé as Humanistic Existential Narrative Therapy</b>  Vanessa Brown & Derrick Sebree  <i>2 CE credits</i>
2:30 pm - 3:00 pm					
3:00 pm - 3:30 pm					
3:30 pm - 4:00 pm		<b>Should Fanon Be Considered One of the Founders of Existential Psychology? Considering His Contributions for Existential Clinical Practice</b>  Louis Hoffman  <i>1 CE credit</i>	<b>Upholding Humanistic Values via Affective Proximity: A Call to Action</b>  Nadika Paranamana	<b>Hope as a Moral Emotion in a Neo-Liberal Era</b>  Anastasia A. Sfakis	<b>The Body’s Wisdom: Somatic Therapy Approaches and Transformative Potential for Humanistic Psychology</b>  Cara Miller  <i>1 CE credit</i>
4:00 pm - 4:30 pm					

Saturday, March 30, 2024 - Evening	
LEAGUE BUILDING 911 N. University Ave.	
Authentic Relating Games Night	
Michigan 2nd Floor	
4:30 pm - 6:00 pm	
Coffee & Tea served	
UNION BUILDING 530 S. State St.	
Community Dinner & Honorable Closure	
Rogel Ballroom 2nd Floor	
6:30 pm - 9:30 pm	

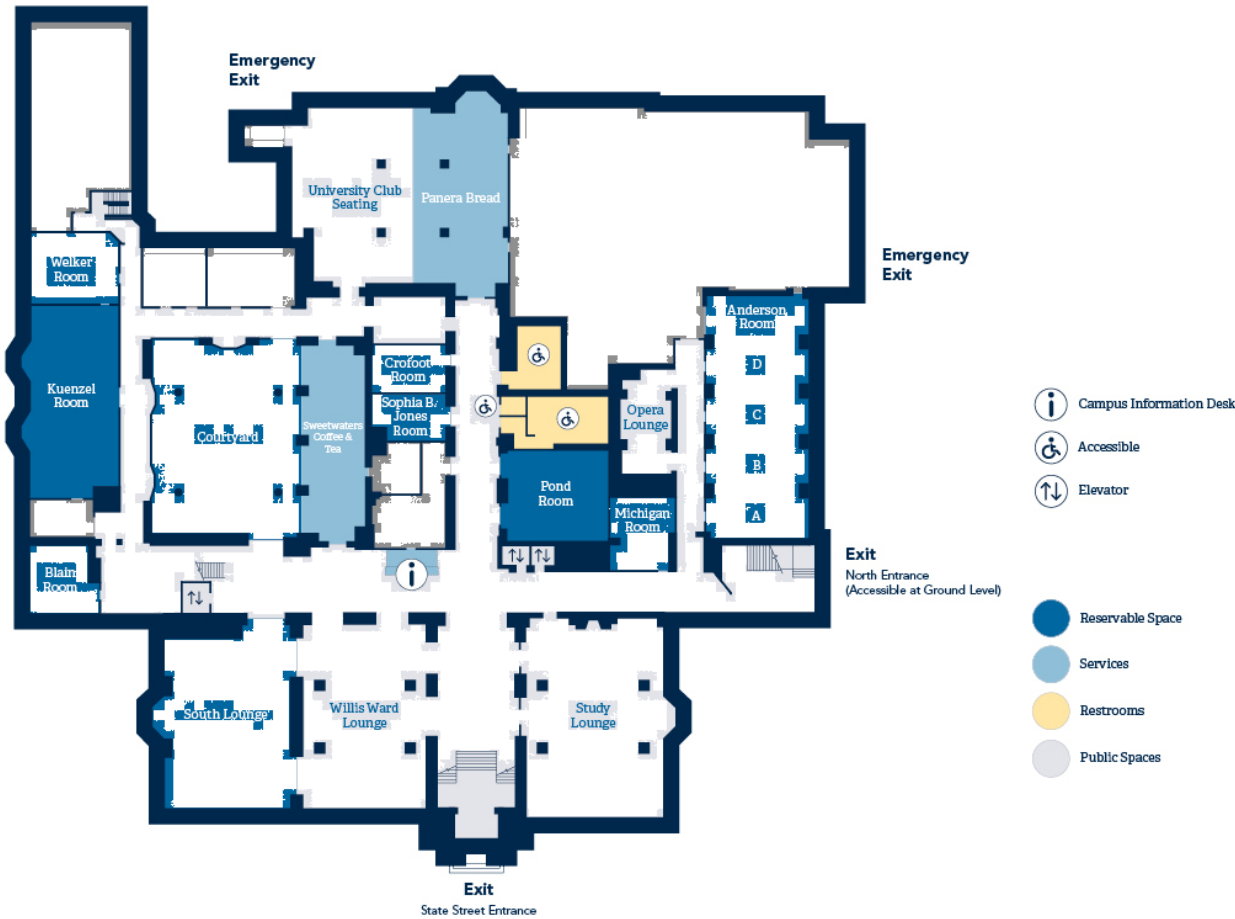
APA Division 32, Society for Humanistic Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. APA Division 32, Society for Humanistic Psychology maintains responsibility for this program and its content.

For more information on CE offerings please contact Dr. Julie Falk at [shpcechair@gmail.com](mailto:shpcechair@gmail.com)

To request accessibility accommodations please contact Dr. Betz King at [betzking@gmail.com](mailto:betzking@gmail.com) - SHP Accommodations kindly asks for requests to be made one week prior to the conference when possible to best ensure attendance support.



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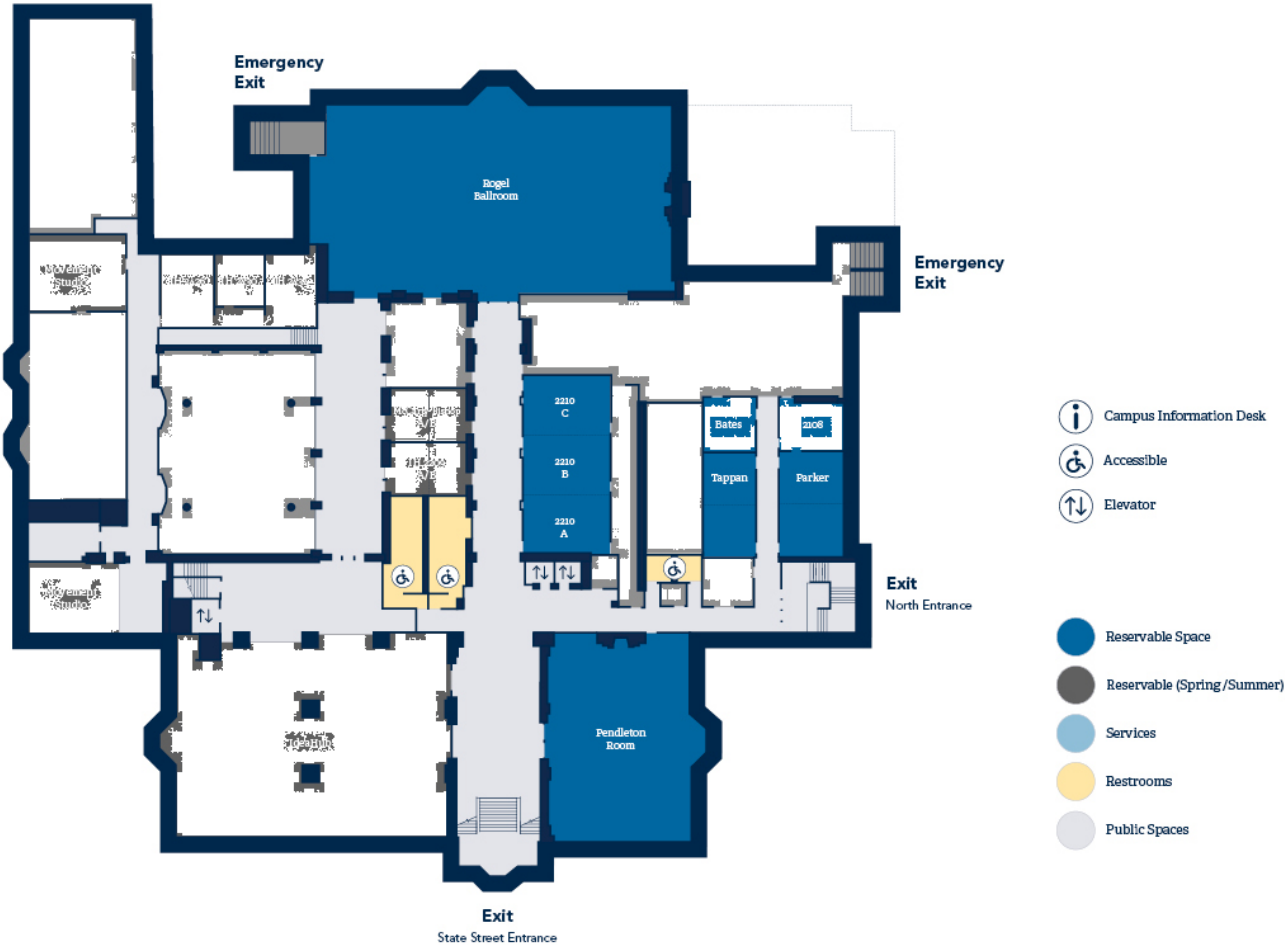
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Michigan Union Third Floor

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